WELCOME!

COVID-19 Updates and Resources for Afterschool

March 25, 2020

Katie Landes, Director
Georgia Statewide Afterschool Network
Housekeeping: Utilizing Zoom

- Everyone is currently in listen only mode, but we want to hear from you! Throughout the webinar, please:
  - “Raise your hand” to comment and respond to questions
  - Use the chat box
  - Respond to polls to keep GSAN informed and help us to better support you and your program
Agenda

- Hearing From You: *What services are you providing?*
- State and Federal Updates
- Hearing From You: *What challenges are you facing? What successes have you had?*
- Resource Sharing
- Hearing From You: *How can GSAN better support you?*
- Self-Care Strategies of the Week
Who is here?
And, how are you doing?
COVID-19 Related Updates & Resources

- Georgia Department of Public Health COVID-19 Daily Status Report
- CDC Guidance for Schools and Childcare Programs
- Georgia Emergency Management and Homeland Security Agency
- Georgia’s COVID-19 Hotline: (844) 442-2681
- Georgia Crisis and Access Line: 1-800-715-4225
Governor Kemp’s Executive Order:
No gathering of more than 10 people unless they can always maintain spacing of at least 6 feet between people.

- **Bright from the Start: Department of Early Care & Learning**
  - CAPS payment authorized until March 29, 2020
  - Meals can be served in non-congregate settings and no time requirements

- **Georgia Division of Family and Children Services**
  - Afterschool Care Program guidance sent to contractors
State Updates & Resources

- Georgia Department of Education and Georgia Insights
  - 21st Century Community Learning Centers FAQs
    - May continue to charge salaries and benefits
    - May offer alternative enrichment programming
  - Working to provide meals on bus routes or approved sites in the community. Meals sites by district can be accessed here.
  - No Georgia Milestones testing this year
Federal Updates

- USDA approved a nationwide waiver to allow non-congregate feeding in CACFP and SFSP sites until June 30.
- 3rd COVID-19 Relief Bill proposes:
  - Small business disaster loans that also includes nonprofits.
  - Provides Nation Service Corps (VISTA and AmeriCorps) with educational award they were due to receive and extends age limits and terms of service.
- Action Alert from the Afterschool Alliance
What challenges are you facing?

What successes have you had?
How to Talk to Kids

- Strategies from PBS Kids
- Just for Kids: A Comic Exploring Coronavirus
- Child Mind: Talking to Kids about the Coronavirus
Virtual Learning and Connection

There are lots of resources out there and we will soon be launching a page to help point you in the right direction! For now, check out:

- **Georgia Home Classroom** developed by Georgia Public Broadcasting and the Georgia Department of Education
- **Boys & Girls Clubs of Metro Atlanta’s new video series** to help you connect with youth and caregivers
- **Scholastic Learn at Home** is providing 20 days’ worth of learning assets free during coronavirus restrictions
Online Professional Development

- Weikart Center’s Youth Worker Webinar Series
- Better Kid Care
- Mental Health America of Georgia’s Outreach Wellness Learning Webinars
- Child Welfare Training Collaborative’s Trauma and Brain Development 101
Upcoming Online Professional Development

- National Afterschool Association Virtual Convention (April 19th - May 2nd)
- National Service-Learning Conference, The Virtual Experience (April 16th-17th)
- Camp 4U (Mondays & Thursdays in May)

Stay tuned for more online learning from GSAN and partners!
How can we best support you?
Self-Care

Reminders from Mental Health America of Georgia:

<table>
<thead>
<tr>
<th>Manage</th>
<th>Manage stress</th>
</tr>
</thead>
<tbody>
<tr>
<td>Practice</td>
<td>Practice relaxation techniques</td>
</tr>
<tr>
<td>Eat</td>
<td>Eat a healthy and nutritious diet</td>
</tr>
<tr>
<td>Exercise</td>
<td>Exercise regularly</td>
</tr>
<tr>
<td>Sleep</td>
<td>Get enough sleep</td>
</tr>
<tr>
<td>Smart</td>
<td>Be smart about caffeine, alcohol, and nicotine</td>
</tr>
</tbody>
</table>
Self-Care Strategies of the Week

- **Leading to Change’s Good News**: Your daily dose of hope, help, and heros
  - Free daily Zoom Conference – not a webinar, not a sales pitch, but a way to virtually connect with others
  - Monday-Friday, 12pm (through March 31st)

- **Insight Timer**
  - Free meditation app for sleep, anxiety, and stress
Questions?

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