

Supporting Your Own and Youth Emotional Well-Being

Georgia Resources

GEORGIA RESOURCES

Georgia Crisis & Access Line. For access to services and immediate crisis help, call the Georgia Crisis & Access Line (GCAL) at 1-800-715-4225, available 24/7.

Department of Behavioral Health and Developmental Disabilities | How Do I Find DBHDD Services?
<https://dbhdd.georgia.gov/how-do-i-find-dbhdd-services>

Mental Health America of Georgia: Finding Help | Georgia Resources
<https://www.mhageorgia.org/getting-help/>

National Alliance on Mental Illness Georgia | Community Resources
<https://namiga.org/community-resources/>

Behavioral Health Access Map
<https://gacoeonline.gsu.edu/download/behavioral-health-access-map/>

Little Green Book, A behavioral health glossary
<https://gacoeonline.gsu.edu/download/little-green-book-behavioral-health-glossary/>

United Way 2-1-1
<https://www.211.org/>