# Gang and Youth Violence Prevention VC





# Approximately 40% of gang members in the United States are 18 years old or younger.<sup>2</sup>

# What is a Gang?

Georgia law states a "criminal street gang" is any organization, association, or group of three or more persons who engage in criminal gang activity (e.g., rape, racketeering, criminal tresspass, or any offense that involves violence, use of a weapon, or possession of a weapon, among others).

A gang can be established by a common name or identifying signs, symbols, tattoos, graffiti, attire, or other distinguishing characteristics.<sup>1</sup>

#### What is Youth Violence?

Youth violence is the intentional use of force or power by 10- to 24-year-olds to threaten or harm others.<sup>4</sup> Committing youth violence increases the risk for:<sup>5</sup>



Academic challenges and school drop-out



Behavioral and mental health difficulties



Substance use



Depression



The more risk factors, the greater a youth's chances of committing youth violence,

including through gang membership.7

#### **RISK FACTORS**

Risk factors for youth violence and gang membership include:8,9

- child abuse and neglect
- academic problems or school discipline issues
- lacking parental involvement
- poverty
- aggressive, violent, or deliquent behavior
- alcohol or drug use
- mental health problems
- exposure to violence outside the home, including racial prejudice
- parent criminality and/or parent-child separation

Among Georgia's middle and high school students, in the 2018-2019 school year, it was reported that:<sup>6</sup>

67,471

were in a physical fight on school property 1 in 12

felt unsafe on their way to or from school

More than 1 in 10

reported being bullied within the last month

www.georgiavoices.org

### PROTECTIVE FACTORS

Most youth who commit violence, including through gangs, lack positive supports from parents, schools, peers, and their community. $^{7,\,11}$ 

The more protective factors a youth is exposed to, the lower their chances of committing youth violence or gang involvement.



Protective factors like:

- Parental involvement
- Family support system
- Coping and interpersonal skills
- Positive social connections
- Peer support
- Academic achievement
- Reducing alcohol and drug use

Given this, prevention strategies are aimed at increasing these crucial supports in a youth's life: security, connectedness, and safety.

### **PREVENTION STRATEGIES**

STRATEGY	APPROACH	SOME GEORGIA OPTIONS
Promote family environments that support healthy development	<ul><li>Early childhood home visitation</li><li>Parenting skill and family relationship programs</li></ul>	DPH and DFCS home visiting and parental skill-building, DJJ's Parenthood Project, and Strengthening Families Georgia
Provide quality education early in life	<ul> <li>Preschool enrichment with family engagement</li> </ul>	Georgia Pre-K, Head Start, CAPS, and Quality Rated Child Care
Strengthen youth's skills	Universal school-based programs	Georgia Apex Program, Youth Mental Health First Aid and Teen Mental Health First Aid (tMHFA), Positive Behavioral Inter- ventions and Supports, and comprehensive school-based health centers
Connect youth to caring adults and activities	<ul><li>Mentoring programs</li><li>Afterschool programs</li></ul>	Boys and Girls Club, 21st Century Community Learning Centers, DBHDD's Resiliency Support Clubhouses, DFCS's Afterschool Care Program, YMCAs, and 4-H
Create protective community environments	<ul> <li>Modify the physical and social environment</li> <li>Reduce exposure to community-level risks</li> <li>Street outreach and community norm change</li> </ul>	Community-oriented policing, afterschool programs and community centers like the @PromiseCenter, Front Porch Community Resource Center, Juvenile Detention Alternatives Initiative, norms change programs like CureViolence (happening in some Southwest Atlanta neighborhoods)
Intervene to lessen harms and prevent future risk	<ul> <li>Treatment to lessen the harms of violence exposures</li> <li>Treatment to prevent problem behavior and further involvement in violence</li> <li>Hospital-community partnerships</li> </ul>	Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); DJJ's evidence-based programs for cognitive restructuring, problem-solving, and crisis management; DJJ's Georgia Preparatory Academy, Pathways to Succeed, and Connections Graduate Programs, offering educational and vocational opportunities; and mental health and substance abuse treatment through DJJ

# MULTI-TIER SYSTEM OF SUPPORTS FOR GANG AND YOUTH VIOLENCE PREVENTION AND INTERVENTION



**Tier One**: Targeted enforcement and prosecution through a gang accountability court. May account for 4-8% of offenders.

**Tier Two**: Intensive treatment, like group therapy, family therapy, mentoring, and cognitive-behavioral therapy.<sup>8</sup>

**Tier Three**: Less intensive levels of the same interventions as used for Tier Two.

**Tier Four**: Primary prevention strategies, like school-based, mentoring, and afterschool programs.<sup>9</sup>

## **RECOMMENDATIONS**

### **PREVENTION**

- Expand trauma-informed training to afterschool and youth development professionals.
- Expand federal and state funding to afterschool and summer learning programs to increase access and ensure affordability.
- Increase the number of mental health and social work professionals in schools, and train other personnel in recognizing trauma and Mental Health First Aid.

### INTERVENTION

- Strengthen partnerships between community-based afterschool programs, school districts, juvenile courts, and other community partners to align services for young people, perhaps through Local Interagency Planning Teams (LIPTs) or truancy prevention programs
- Create incentive grants for afterschool programs to use trauma-informed practices and evidence-based programs to build protective factors
- Promote the use of mentoring programs in communities (e.g. partner with local chambers of commerce, rotary clubs, chapters of 100 Black Men, Big Brothers Big Sisters, or other civically focused organizations).
- Increase employment apprenticeships.

### **RESTORATION**

- Raise the maximum age of juvenile court jurisdiction up to 18.
- Increase access to evidence-based practices for mental and behavioral health in schools.
- Increase access to educational and work remediation.
- Expand and develop effective juvenile gang accountability courts.

## WHAT CAN AFTERSCHOOL PROVIDE? 16, 17, 18

- Trauma-informed practices to help kids overcome trauma and adverse experiences and reduce their chance to develop substance use disorders and other health conditions.
- Safe, supervised environments to explore new interests and build confidence in their abilities.
- Quality relationships with caring and supportive mentors.
- Opportunities for positive peer interaction like how to reach consensus and work collaboratively.
- Academic instruction for remediation, enrichment, or enhancement.
- Problem-solving and critical thinking skills through interactive learning experiences.

### AFTERSCHOOL OUTCOMES<sup>18, 19, 20, 21</sup>

Regular participation in high quality afterschool programs leads to a reduction in crime and juvenile delinquency:

- Decrease in number of arrests and gang activity.
- Decrease in drug, tobacco, marijuana, and alcohol use.
- Decrease in likelihood of selling drugs.
- Decreased reports of misconduct in school and disciplinary incidents, including aggression, noncompliance, and conduct problems.
- Decreased likelihood of dropping out of school.

Regular participation in high quality afterschool programs leads to improved behavior and decision-making skills:

- Gain self-control and confidence.
- Develop strong social skills.
- Build healthy relationships with adults and peers.
- Improved school day attendance.
- Improved work habits and classroom behavior.
- Gains in reading and math.
- Increased graduation rates.

Sources: https://tinyurl.com/GangViolenceRefs2020